Beef Steak and Roasted Vegetables





pound boneless beef top loin steaks, cut 1-inch thick

16 BELLISSIMO mushrooms

1 large bell pepper, cut ito 1-inch wide strips

1 medium eggplant, slcied into 1-inch slices 1 medium onion, cut into 8 wedges

1 mediu zucchini, slced into 1-inch slices 2 tablespoons BELLSSIMO balsamic vinegar

2 cloves garlic, minced

1 teaspoon dried rosemary leaves

8 cups salad greens, torn

3/4 cup Italian dressing

- 1. Preheat oven to 425 degrees F. Spray a jelly roll pan with non-stick cooking spray. Place mushrooms, pepers, eggplant, onion and zucchini in pan; spray generously with nonstick cooking spray. Drizzle with garlic and rosemary; add salt and pepper to taste. Stir to coat.
- 2. Roast vegetables 30 to 35 minutes or until tender, stirring once. Cool slightly.
- 3. Heat a large nonstick skillet over medium heat. Place steaks in skillet; cook top loin steaks, turning occasionally, 12 to 15 minutes. Let stand for 10 minutes.

Serving suggestion: Carve steaks; season with salt. Arrange meat and roasted vegetables on green. Serve with Italian dressing.