



**PINEAPPLE TIDBITS  
IN HEAVY SYRUP**

Ingredients :  
Pineapple, pineapple juice,  
water, sugar.

REFRIGERATE AFTER OPENING

Distributed by **Bellissimo Foods**  
Lafayette, CA 94549 USA

Product of Indonesia



**PINEAPPLE TIDBITS  
IN HEAVY SYRUP**

Net Weight 4 lb. 8 oz. (2.040 Kg)

**Nutrition Facts**  
Serving size 1/2 cup (133g)  
Serving per container : about 23

| Amount per serving |               | Calories from fat 0 |      |
|--------------------|---------------|---------------------|------|
| Calories 110       |               |                     |      |
|                    |               | % daily value       |      |
| Total Fat          | 0 g           | 0 %                 |      |
| Saturated Fat      | 0 g           | 0 %                 |      |
| Cholesterol        | 0 mg          | 0 %                 |      |
| Sodium             | 10 mg         | 0 %                 |      |
| Total Carbohydrate | 28 g          | 10 %                |      |
| Dietary fiber      | 2 g           | 7 %                 |      |
| Sugars             | 26 g          |                     |      |
| Protein            | less than 1 g |                     |      |
| Vitamin A          | 4 %           | Vitamin C           | 20 % |
| Calcium            | 2 %           | Iron                | 4 %  |

\* Percent daily value are based on a 2,000 Caloride diet. Your daily value may be higher or lower depending on your calorie needs :

|                     | Calories  | 2,000    | 2,500    |
|---------------------|-----------|----------|----------|
| Total fat           | Less than | 65 g     | 80 g     |
| Sat fat             | Less than | 20 g     | 25 g     |
| Cholesterol         | Less than | 300 mg   | 300 mg   |
| Sodium              | Less than | 2,400 mg | 2,400 mg |
| Total carbohydrates |           | 300 g    | 375 g    |
| Dietary fiber       |           | 25 g     | 30 g     |

Calorie per gram  
Fat 9 • carbohydrates 4 • Protein 4



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