



**PINEAPPLE TIDBITS
IN NATURAL JUICE**

Ingredients :
Pineapple, Pineapple Juice

REFRIGERATE AFTER OPENING

Distributed by Bellissimo Foods
Lafayette, CA 94549 USA



Produced by,
PT Great Giant Pineapple
Lampung - Indonesia

barcode



**PINEAPPLE TIDBITS
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Net Weight 4 l. 8 oz. (2040Kg)

Nutrition Facts			
Serving size ½ cup (133 g)			
Serving per container : about 23			
Amount per serving			
Calories 80	Calories from fat 0		
		% daily value	
Total Fat 0 g			0%
Saturated Fat 0 g			0%
Cholesterol 0 mg			0%
Sodium 10 mg			0%
Total Carbohydrate 20 g			7%
Dietary fiber 2 g			7%
Sugars 18g			
Protein less than 1 g			
Vitamin A 4%	Vitamin C 20%		
Calcium 2%	Iron 4%		
Percent daily value are based on a 2,000 Calorie diet. Your daily value may be higher or lower depending on your calories needs :			
	Calories	2,000	2,500
Total fat	Less than	65 g	80 g
Sat fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total carbohydrates		300 g	375 g
Dietary fiber		25 g	30 g
Calorie per gram			
Fat 9.	Carbohydrates 4	Protein 4	



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