



**PINEAPPLE TIDBITS
IN NATURAL JUICE**

Ingredients :
Pineapple, pineapple juice

REFRIGERATE AFTER OPENING

Distributed by Bellissimo Foods
Lafayette, CA 94549 USA

Product of Indonesia



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Nutrition Facts

Serving size 1/2 cup (133g)

Serving per container : about 23

Amount per serving

Calories 80 Calories from fat 0

% daily value

Total Fat 0 g 0 %

Saturated Fat 0 g 0 %

Cholesterol 0 mg 0 %

Sodium 10 mg 0 %

Total Carbohydrate 20 g 7 %

Dietary fiber 2 g 7 %

Sugars 18 g

Protein less than 1 g

Vitamin A 4 % • Vitamin C 20 %

Calcium 2 % • Iron 4 %

* Percent daily value are based on a 2,000

Calorie diet. Your daily value may be higher or

lower depending on your calorie needs :

Calories 2,000 2,500

Total fat Less than 65 g 80 g

Sat fat Less than 20 g 25 g

Cholesterol Less than 300 mg 300 mg

Sodium Less than 2,400 mg 2,400 mg

Total carbohydrates 300 g 375 g

Dietary fiber 25 g 30 g

Calorie per gram

Fat 9 • carbohydrates 4 • Protein 4



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