

Father Sam's Brand

# 10" White Wrap

1-74548-01103-0

<b>Nutrition Facts</b>	
Serving Size: 1 Wrap (66g) 2.3 oz.	
Servings per Container:	
Amount per serving:	
Calories: 180	
Calories from Fat: 45	
	% Daily Value*
Total Fat: 5g	7%
Saturated Fat: 1g	5%
Trans Fat: 0g	
Cholesterol: 0mg	0%
Sodium: 440mg	18%
Total Carbohydrate: 30 g	10%
Dietary Fiber less than 1g	4%
Sugars: less than 1g	
Protein: 5 g	
Vitamin A: 0%	Vitamin C: 0%
Calcium: 10%	Iron: 10%

\* Percent Daily Values are based in a 2,000 Calorie diet. Your values may be higher or lower depending on your caloric needs.

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
<b>Calories per Gram: Fat 9, Carbohydrates 4, Protein 4</b>			

Ingredients: Unbleached, Enriched Flour, (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin, Mononitrate [vitamin B1] Riboflavin [vitamin B2], Folic Acid), Water, Palm Oil, Mono-and Diglycerides, Salt, Sodium Bicarbonate, Calcium Propionate, Sodium Aluminum Sulfate, Wheat Gluten, Fumaric Acid, Sodium Aluminum Phosphate, Corn Starch, Potassium Sorbate, CMC Gum, Wheat Starch, Xanthan Gum, Monocalcium Phosphate, Enzymes (Wheat Starch, Microcrystalline Cellulose)

Contains: Wheat Flour