

# 10" Wheat Wrap

1-74548-01104-7

<b>Nutrition Facts</b>	
Serving Size: 1 Wrap (62g/2.2 oz.)	
Servings per Container: 12	
Amount per serving:	
Calories: 170	
Calories from Fat: 30	
% Daily Value*	
Total Fat: 4g	6%
Saturated Fat: 1g	5%
Trans Fat: 0g	
Cholesterol: 0mg	0%
Sodium: 370mg	15%
Total Carbohydrate: 32g	11%
Dietary Fiber 5g	20%
Sugars: 0g	
Protein: 6g	
Vitamin A: 0%	Vitamin C: 0%
Calcium: 10%	Iron: 8%

\* Percent Daily Values are based in a 2,000 Calorie diet. Your values may be higher or lower depending on your caloric needs.

		Calories	2,000	2,500
Total Fat	Less Than	65g	80g	
Sat Fat	Less Than	20g	25g	
Cholesterol	Less Than	300mg	300mg	
Sodium	Less Than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
<b>Calories per Gram: Fat 9, Carbohydrates 4, Protein 4</b>				

Ingredients: Whole Wheat Flour, Water, Palm Oil, Mono-and Diglycerides, Salt, Sodium Bicarbonate, Calcium Propionate, Sodium Aluminum Sulfate, Wheat Gluten, Fumaric Acid, Sodium Aluminum Phosphate, Corn Starch, Potassium Sorbate, CMC Gum, Wheat Starch, Xanthan Gum, Monocalcium Phosphate, Enzymes (Wheat Starch, Microcrystalline Cellulose)

Contains: Wheat Flour

This product provides 34 grams of Whole Grains  
2 per serving

This product qualifies for the 100% Whole Grain Stamp