

# Nutrition Facts

Serving Size ¼ cup (60 grams)

Servings Per Container 51

## Amount Per Serving

**Calories 35**

**Calories From Fat 5**

**% Daily Value\***

**Total Fat 1g** 1%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol 0mg** 0%

**Sodium 290mg** 12%

**Total Carbohydrates 6g** 2%

Dietary Fiber 0g 0%

Sugars 3g

**Protein 1g**

Vitamin A 15% • Vitamin C 15%

Calcium 0% • Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat.....9 • Carbohydrate.....4 • Protein.....4