

Nutrition Facts

Serving Size 177 g (177 g)

Per Serving

% Daily Value*

Calories 320

Calories from Fat 108

Total Fat 12g 19%

Saturated Fat 4.4g 22%

Cholesterol 70mg 23%

Sodium 470mg 20%

Carbohydrates 35.9g 12%

Dietary Fiber 1.9g 8%

Sugars 4.1g

Protein 15.9g

Vitamin A 10% · Vitamin C 2%

Calcium 20% · Iron 15%

-
[\(Healthy Choice\) Macaroni and Cheese](#)
.....
 - [\(Healthy Choice\) Manicotti with Three Cheeses](#)
.....
 - [\(Healthy Choice\) Cheese French Bread Pizza](#)
.....
 - [\(Healthy Choice\) Fettuccini Alfredo](#)
.....
 - [\(Smart Ones\) Angel Hair Marinara](#)
.....
 - [\(Smart Ones\) Fettuccini Alfredo](#)
.....
 - [\(Smart Ones\) Lasagna Florentine](#)
.....
 - [\(Smart Ones\) Macaroni and Cheese](#)
.....
 - [\(Smart Ones\) Radiatore Romano](#)
.....
 - [\(Smart Ones\) Ravioli Florentine](#)
.....
 - [\(Smart Ones\) Three Cheese Macaroni](#)
.....
 - Weight Watchers
-