

Nutrition Facts

Serving Size: 130g

Serving Per Container: 19

Amount Per Serving

Calories 40

Calories From Fat 0

%Daily Value

Total Fat 0g 0%

Monosaturated Fat 0g 0%

Polyunsaturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 710mg 30%

Total Carbohydrate 8g 3%

Dietary Fiber 4g 16%

Sugars 3g

Protein 2g

Vitamin A • 70% **Vitamin C • 0%**

Calcium • 2% **Iron • 4%**

*Percent Daily Values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 • Carbohydrate 4 • Protein 4