

Product Specifications

Nutrition Information:

Serving size:	5 olives (15g)	
Servings per container about:	96	
	%DV	
Calories:	25	
Calories from fat:	20	
Total Fat:	2.5 g	4%
Sat Fat:	0 g	0%
Trans Fat:	0 g	0%
Cholesterol:	0 mg	0%
Sodium:	115 mg	5%
Total Carbohydrate:	1 g	0%
Protein:	0 g	

Nutritional Information, per 100 g

Moisture, g	81.24
Fat, g	9.54
Trans Fat	0.00
Ash (minerals), g	2.22
Total dietary fiber, g	2.95
Protein, g	0.88
Sodium, mg	880
Calcium, mg	89.7
Ascorbic acid, mg	1.06
Potassium, mg	8.39
Iron, mg	3.14
Carotene, IU	386
Calories, kcal	103